

# ST. CALLISTUS PARISH CONFIRMATION PROGRAM

3580 San Pablo Dam Road • El Sobrante, CA 94803 • 510.222.0432 FF Office • 510.223.1153 Parish Office  
Confirmation Coordinator Josie Rocco Email: Josierocco51@gmail.com Cell 510-406-2707

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## PRE-REQUISITES 2025-2027

**Age:** Candidates for the Youth Confirmation program must be 14 to 16 years old and attending high school.

### Reception of Sacraments:

Baptism: Submit a copy of the youth's **Baptismal Certificate by September 14, 2025**

Eucharist: Submit a copy of the **First Holy Communion Certificate** or verification letter by September 14, 2025.

At least two years of regular faith formation at a parish or school, after second grade.

### Faith Formation:

Pre-Confirmation interview to assess knowledge of your Faith.

An understanding of and love for the Catholic faith

Demonstrated ability to make the Sign of the Cross and recite the Our Father, Hail Mary, Glory Be, Act of Contrition, Apostles' Creed, Ten Commandments, and Hail Holy Queen.

**Mandatory parent's and students meeting** to discuss two-year commitments and student assessment **Sunday, September 14, 2025, 11:30 am in the youth building**

## COMMITMENTS 2025-2027

### A two-year commitment to participate in:

- **Total of 34 classes of instruction**, (17 per year)  
Faithful attendance and punctuality at each session.  
Missing any class instruction requires participation in a make-up class.  
Preparation for Class; Completion of assignments, Presentation of a chosen saint  
Learn and recite the Precepts of the Church and all the above said prayers.
- **Total 14 hours in Service at St. Callistus Church** as altar server, Faith Formation aide, usher, greeter, choir, or computer assistant. (7 per year)
- **Total 10 Additional service hours** volunteering in the community. All hours are to be validated and completed by April 30, each year. (5 per year)

### Mass Attendance

Regular participation at Sunday Mass at St. Callistus Church

Participation in Confession during Advent, Lent, at the Youth Retreat, and before the Sacrament of Confirmation

Attendance at the Youth Confirmation Mass tentatively scheduled for April 2027, (date to be finalized by the Diocese of Oakland). Candidates cannot be Confirmed if they cannot attend the Youth Confirmation Mass and rehearsal.

### Retreat:

Attendance at the Youth Confirmation Overnight Retreat second year

Attendance at Final Retreat on a Saturday, as immediate preparation for the Sacrament of Confirmation

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## **One on one interview with Pastor**

Mandatory preparedness interview in April 2027, demonstrating love for the Catholic faith and understanding of the importance and meaning of the Sacrament of Confirmation.

Additional interviews during the program may be scheduled if necessary.

## **Qualified Sponsor for Candidate - Name must be submitted by Sept. 2026**

Baptismal godmother or godfather of the candidate is suggested, if feasible.

Active, practicing Catholic (cannot be a parent of the candidate)

At least 18 years of age

Has received the Sacrament of Confirmation

Receiving the sacraments of Reconciliation and Eucharist frequently/regularly

If married, married in the Catholic Church

Plans to maintain an ongoing relationship with the candidate to promote the candidate's lifelong spiritual growth.

If not a registered member of St. Callistus, must have a letter from the pastor of their parish attesting to their ability to be a sponsor. Deadline for the letter is **January 2027**.

Mandatory attendance at the rehearsal for the Youth Confirmation Mass and at the Sacrament of Confirmation.

## **Parents Meetings:**

**Orientation Parent and Student Meeting September 14, 2025, at 11:30 am in the Youth Building**

Parent meeting beginning Second year September 6, 2026, at 11:30am in Youth Building.

Additional interim meetings during the program may be scheduled as necessary.

## **Forms and Releases**

### **Registration forms**

Parental Permission form for program/Teen's Health & Medical

Copy of Baptismal certificate & First Holy Communion.

Parental Permission form for overnight retreat (Given later)

Sponsor Information form (Due Sept. 2026)

Chosen Pledge of Commitment Form

## **Donation of \$175.00**

This covers the cost of the textbook and program materials and contributes to the cost of the retreat.

However, there may be an additional cost for the retreat.